



De-Constructed

Presented By:

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October 18, 2023

Objectives

- Explain what cyber exposures are
- Measure the cost of breaches and what's at stake
- Identify areas where exposure can be controlled
- What to do before a breach
- Transferring the exposure somewhere else
- What is happening during a breach
- What do you do following a breach
- Self-assessment



Part I

- What is cyber?
 - Dictionary
 - Relating to or characteristic of the culture of computers, information technology, and virtual reality. The "cyber age".



What is "cyber" really?





1 day ago

September revenue at MGM Springfield casino incomplete following data breach

masslive.com - Jim Kinney



2 days ago

How hackers piled onto the Israeli-Hamas conflict

politico.eu - Antoaneta Roussi, Maggie Miller

Lower-level cyberattacks are becoming a major



10 hours ago

Bank account numbers & PINs leaked in cybersecurity attack at Charlotte-based AvidXchange

wsoctv.com - Cassia Sari

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What Big Tech knows about you RIGHT NOW!

- Personal Info Name, Birthday, Gender
- Location/Address/Usual Routes phone tracking
- Relationship Status
- Work Status/Income Level
- Educational Background
- Ethnicity
- Religious/Political Beliefs
- Facial Data Recognition
- Financial/Banking Info
- IP Address
- Communications (past calls)
- Calendar Events

- Search History
- Audio Recordings (Alexa, Google Home, Siri)
- Media Consumed
- Web-Browsing History (sites you go to)
- Social Media Behavior
- Purchase History
- Fitness/Health Data
- Clicked Ads
- Posts Hidden from Facebook News Feed
- Devices Used

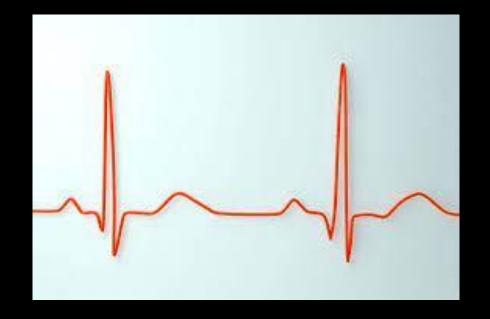


...and why should I care?

- SSN (\$4)
- Banking Systems (\$120)
- Credit Cards (\$240)
- Health Systems (\$250)
- Computers (\$600/10k)
- Social Media (\$80)
- Cell Phones/SIM Swapping (\$200)

Or they can use stolen info for:

- Doxing
- Impersonating and Defrauding





What many don't know...

(F) 52	APPLICATION SECURITY
B 80	CUBIT SCORE
A 90	DNS HEALTH
(F) 59	ENDPOINT SECURITY

SSL/TLS Service Supports	25	SSH Supports Weak MAC	7
Weak Protocol		Certificate Is Expired	26
		Certificate Is Self-Signed	90
		TLS Service Supports Weak Cipher Suite	46
		RDP Service Observed	2
		PPTP Service Accessible	11
		rsync Service Observed	2
		Certificate Signed With Weak Algorithm	9
		SSH Supports Weak Cipher	6
		LDAP Server Accessible	3
		Remote Access Service Observed	3
		SMB Service Observed	4

LOW SEVERITY
Telnet Service Observed
Certificate Lifetime Is Longer Than Best Practices
P Camera Accessible

Certificate Without Revocation Control	105
FTP Service Observed	6

2

30

9

-	
Networking Service Observed	345
OpenVPN Device Accessible	4
Oracle Service Registry Detected	1
Website Uses GoDaddy TLS Certificates	1
HTTP Proxy Service Detected	5
UPnP Accessible	1
Telephony/VoIP Device Accessible	3
Mobile Printing Service Detected	1
DNS Server Accessible	1
Printer Detected	1
Minecraft Server Accessible	1

POSITIVE

Network Security

INFORMATIONAL

There are no Positive Signals for

15 ISSUES

2 ISSUES

1 ISSUE

3 ISSUES

D 69	IP REPUTATION	6 ISSUES
A 100	INFORMATION LEAK	0 ISSUES
D 67	NETWORK SECURITY	29 ISSUES
D 67	PATCHING CADENCE	9 ISSUES
A 100	SOCIAL ENGINEERING	1 ISSUE



The Internet of Things (IoT)

- Appliances
- "Smart" anything
- Wearables
- Routers
- Biometric Scanners
- Cars
- Crawlers/Dozers
- Low security, weak passcodes, insecure interfaces

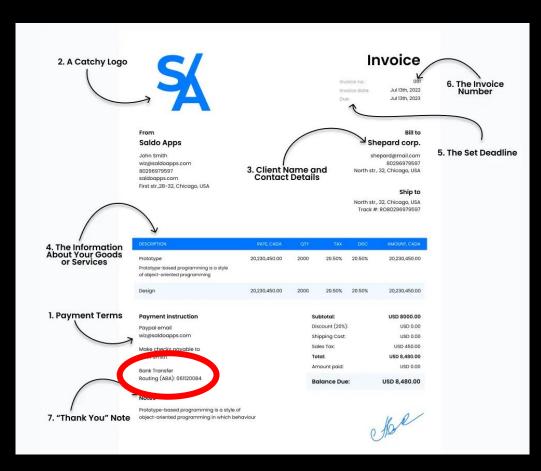


Signals are Everywhere

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31: Beacon	Time Source Destination Protocol Largin Me restageID: 1 2.0.00021900 30.1.0.3 30.1.0.330 7CF 56 MKD > 45222 1 * pretocolOpi bindRequest 181 3.0.00071800 30.1.0.310 35.1.0.3 3CF 54 A8222 > MKP 2 * bindRequest 181 4.1.88778200 30.1.0.310 35.1.0.3 WTF 358 GET / MTTP 131 WTTP 1316 GET / MTTP 1316
30: Beacon	0 1.48892100 30.1.0.1 30.1.0.100 arrs 07 arrs/1.1 400 0 7 1.88920709 30.1.0.100 30.1.0.1 TFP 54 49222 a Matp 1 8 0.09704000 30.1.0.100 30.1.0.1 arrs 424 (dr / wrrs/1.1 8 0.09704000 30.1.0.100 30.1.0.1
29: Beacon	# W.10112100 30.1.0.3 10.1.0.10 10.1.0 10.1.0 10.1.0 10.1.0
28: Beacon	<pre>s transmision Control Protocol, src Port: 49222 (49222), dot Port: http (86), isq: bypertext transfer Protocol s saf / With/Livron</pre>
27: Venus_AC0BFB13D542: Nestlé Nespresso	Accept-Language: en-US/r/n Accept-Language: en-US/r/n Accept-Language: en-US/r/n Accept-Language: en-US/r/n Host:
25: iPhone XR	wost: serveririn If-woodffied-since: Thu, 12 Feb 2018 18:02:42 GMTVrin If-woodffied-since: Thu, 12 Feb 2018 18:02:42 GMTVrin If-wore-watch: "446d0018ee46d00:0"\rin Convection: keep-aliveririn Convection: keep-aliveririn
24: Beacon	Accept-Encoding: grip, deflate
23: Windows 10 2018	ouro
22: Windows 10 2018	Open Open <th< td=""></th<>
21: Apple Pencil [Paired]	De la geo de la felor MP Brean De la geo de la felor MP Brean Prom Catter Prom C
20: Windows 10 2018	The Test Total State Content - Length: 0
19: iPhone (2): iPhone 12 Pro Max	109 27. 154012 10 27. 154012 11 27. 154015 11 27. 154015 1
18: Beacon	113 21. 147.264.55 127.6.6.1 127.6.0.1 HTTP 273 CONTECT #21.01.01 14.21.147.264.55 127.6.6.1 127.6.0.1 HTTP 273 CONTECT #21.01.02 115.25.147.254.55 127.6.6.1 127.6.0.1 HTTP 163 HTTP/1 6.306 Cont 115.25.147.254.55 127.6.6.1 127.6.0.1 HTTP/1 6.306 Cont 115.25.147.254.555 127.6.55 127.6
17: Windows 10 2018	+ Frame 1008: 1137 Bytes on wire (9896 birs), 1137 Bytes cantured (9096 birs)
16: Logitech [Requested]	121 21. MS214 12. 21. Strats 12. 22. Strats 12. 22. Strats 12. 23. Strats 13.
15: iPhone 13	128 29.726267 Gateway of fast resort is not set Gateway of fast resort is not set 1 Strame 110:73 E 1 String value: test5@test.com Key: email 1 String value: test5@test.com
14: Windows 10 2018	Enternal Process Transfission C Transf
	a will sept to fine coveration (20 type)

Cyber Claim Example #1

• I didn't send that invoice!





In the news...

- 2,116 YTD <u>publicly</u> disclosed breaches (2022-1,862)
- 233M people affected (2022-425M)
- 3.8B records breached
- 4% of breaches were due to misconfigured databases
- Majority of breaches were due to:
 - Human error
 - Incorrect disclosure
 - Posting to wrong recipient



63% of organizations restore data after a ransomware attack

Security Staff

October 17, 2023

According to a recent data recovery report, 63% of organizations successfully restore their data when they experience a ransomware attack.



First half of 2023 sees more ransomware victims than all of 2022

Security Staff

October 11, 2023

A recent Deep Instinct report found that more victims were affected by ransomware in the first half of 2023 than in the entirety of 2022.

Articles taken from SecurityMagazine.com

Top Data Breaches - 2023

Breach	When	# Affected
23andMe	Oct-23	TBD
Duolingo	Aug-23	3M
Maximus	Jul-23	11M
MOVEit	Jun-23	18M
ChatGPT	Mar-23	UNK
Lastpass	Mar-23	30M
T-Mobile	Jan-23	37M
Deezer	Jan-23	230M

Where do breaches come from?

- Physical Actions (11%)
- Privilege Misuse (12%)
- Social Engineering (17%)
- Human Error (17%)
- Malware (30%)
- Criminal Hacking (48%)

Cyber Claim Example #2

• I backed up, I restored, but I still lost...



Exposures

- Paper Files
 - Employee files
 - Client files
 - Payment/Bank/Credit Card statements and receipts
- Digital Files
 - Same as paper files, plus:
 - Intellectual Property
 - Copyrights
- The Network
 - Computers
 - Servers
 - Cloud
 - Everything in between



What's the big deal?

- Most people only use the Surface Web
 - Google
 - News Sites
- Some use the Deep Web
 - Academia
 - Medical Records
 - Intranets
- Very few even know about the Dark Web
 - Think "Mr. Robot"
 - Illegal sales of drugs and guns
 - TOR (the Onion Router)-encrypted sites

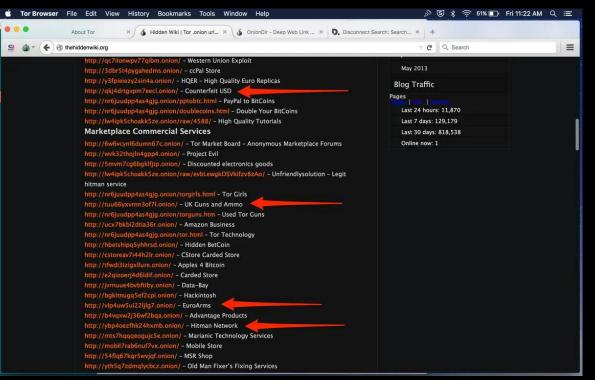
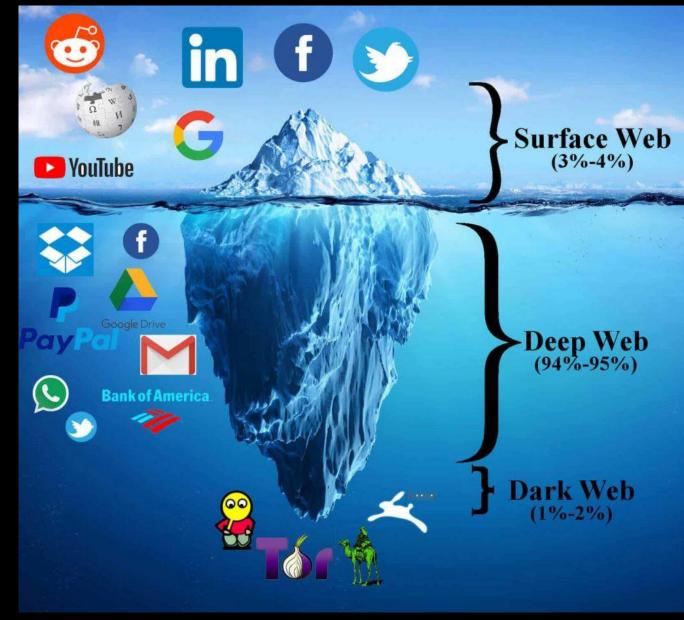


Image Credit: businessinsider.com



The Web

The web we use vs. the Dark Web

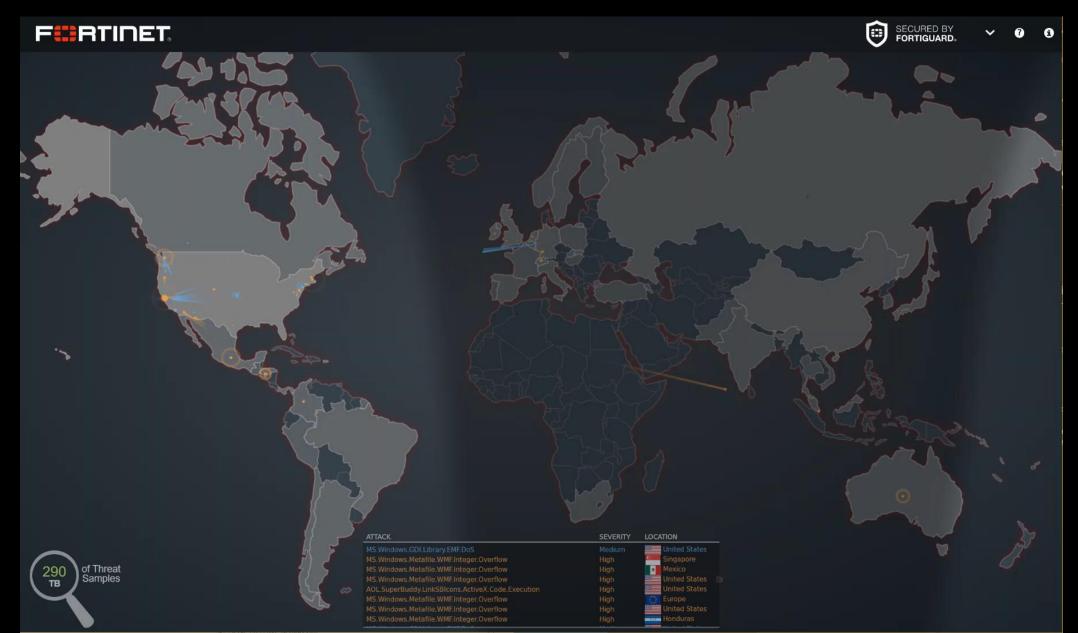


Cyber Claim Example #3

Phishing for money



Part II – What's at stake?



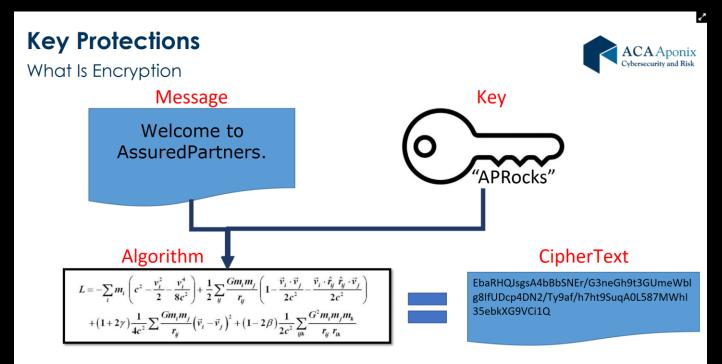
Direct and Indirect Costs of a Breach

- Average Cost of a Data Breach?
 - A modest 5,000 record breach of employee health information
 - \$343/record = \$1,713,875
 - 10,000 transactions involving customer payments
 - \$22/record = \$219,950
 - 15,000 records stolen from a customer database
 - \$148/record = \$2,220,000
 - Extortion Demands
 - \$300 (personal) to multi-millions
- Breach Fallout Costs
 - Reputational Damage
 - Lawsuits
 - Regulatory (Fed vs. State)



Before the Breach

- Change your passwords
 - Most common passwords (instantly cracked)
 - 123456
 - Password
 - 123456789
 - Qwerty
 - 1q2w3e
 - <u>https://howsecureismypassword.net</u>
 - <u>https://haveibeenpwned.com/</u>
 - Autumn = Instantly Cracked
 - Autumn23 = 2 hours to crack
 - Autumn23% = 4 weeks to crack
 - Autumn23%COLD = 3M years
 - my-wife-rules-the-house = 9 quintillion yrs
- Don't use the same passwords across sites
- Be wary of links in emails (do the hover)
- Use encryption and 2FA wherever possible
- Due to its low (but rising) cost, consider transfer to an insurance company (business & personal)



What does Cyber Insurance cover?

- First-Party Coverage*
 - Network security breaches
 - Cyber Extortion
 - Business Interruption
 - Transmission of virus or malicious code
 - Theft/destruction of data
 - Data exposed by hacker, lost device, rogue employee
 - Crypto-jacking
 IMPORTANT: Prior acts coverage (must be endorsed)

What does Cyber Insurance cover?

- Third-Party Coverage*
 - Network security breaches
 - Cyber Extortion
 - Transmission of virus or malicious code
 - Theft/destruction of data
 - Data exposed by hacker, lost device, rogue employee
 - Negligence in the performance of your services (E&O)
 - Infringement of Intellectual Property
 - Personal and Advertising Injury

What does Cyber Insurance cover?

- Other Coverage usually included*
 - Forensic investigation
 - Legal advice
 - Notification costs and credit monitoring
 - Regulatory obligations/fines (including PCI)
 - Public relations expense
 - Loss of profit/extra expense
 - Dependent network business income
 - Social Engineering (make sure there is no call-back provision)
 - Cyber-Terrorism/War

*Subject to the actual terms of the policy. Not all policies include all coverage. Please read the forms carefully or ask your agent to verify coverage.

Cyber Claim Example #4

• IOT – uh oh!



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What happens to my information during breach?

- Inventory what they just stole
 - Look through the data they just took for names, addresses, etc.
- Sell personal information
 - Likely to spammers and those sending phishing emails
 - Credit Card numbers might fetch \$0.25-\$250 (SSN = \$0.10-\$4)
 - Health Records can go as high as \$1,000
- Look for the Good Stuff (since people reuse passwords)
 - Government or military info (Passports up to \$2,000)
 - Large Corporations
 - LinkedIn Data (taken from the Dropbox hack)
- Offload the credit cards
 - Buy small gifts on Amazon to test them, then sell them
 - They lose value quickly
- Sell the balance in bulk after several months since it's about worthless

After the Breach

- Enlist the help of a (law)firm to help repair/minimize reputational damage (privilege)
- Follow the same steps before the breach
- Regularly go through a risk assessment to make sure you are aware
- Communicate with your employees the risks and steps to take (probably the single best thing to do)



Risk Management Must Haves/Considerations

- Do you have an incident response plan ready to go when needed?
- Do you offer training for your employees to help them identify scams?
- Does your organization rely on vendors for core business services?
- Do you have a password policy requiring strong passwords to access the system?
- Do you encrypt your data on computers and mobile devices?
- Do you use multi-factor authentication for your email or system access?
- What is your patching cadence (how often do you update your computers)?

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- Do you use any endpoint detection/response system (ETDR)?
- Does your organization carry cyber insurance coverage?



Connect

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